



MEDICAL MUTUAL®

## In the News

### Updates to Medical Mutual's Step Therapy Program Begin April 1, 2016

The following drugs will be added to Medical Mutual's step therapy program as of April 1, 2016. This program is part of coverage management for prescription drugs dispensed under the pharmacy benefit through Express Scripts.

Drug Classification - Step Therapy Program	Plan-Preferred First Line Alternatives	Second Line
Inflammatory Bowel Agents	Apriso, Lialda, Pentasa, balsalazide, sulfasalazine, sulfasalazine delayed release	Asacol, Asacol HD, Delzicol, Dipentum
Infertility – GnRH Antagonists (update to existing step therapy program)	Cetrotide	Ganirelix
Ophthalmic Non-Steroidal Anti-Inflammatory Drug (NSAIDs)	generic ketorolac 0.5% ophthalmic solution, generic ketorolac 0.4% ophthalmic solution, generic bromfenac 0.09% ophthalmic solution, generic diclofenac 0.1% ophthalmic solution, generic flurbiprofen 0.03% ophthalmic solution, Ilevro, Nevanac, Prolensa	Acular, Acular LS, Acuvail
DPP-4 Inhibitors (update to existing step therapy program)	Januvia, Janumet, Janumet XR, Tradjenta, Jentadueto	Nesina, Kazano, Onglyza, Kombiglyze XR

These updates promote the use of clinically effective alternative drugs to help manage members' costs and quality of care. Members must use a plan-preferred first line alternative included on the above list, or work with their healthcare provider to complete a coverage review before filling a prescription for a second line medication.

For more details on the step therapy program and coverage management, visit [Provider.MedMutual.com](http://Provider.MedMutual.com) and select Tools & Resources, Care Management, [Rx Management](#).

To streamline the review process for medications that require prior approval under a member's medical benefit, Medical Mutual offers providers access to ExpressPath at no cost. The online tool can help reduce your staff's administrative burden and provide your patients with a shorter path to treatment. For more information or to register for ExpressPath, visit [Express-Path.com](http://Express-Path.com).